



## PATIENT HISTORY QUESTIONNAIRE

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Check all conditions that you may have.

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Bleeding Disorders   | <input type="checkbox"/> Fainting               | <input type="checkbox"/> Tuberculosis                |
| <input type="checkbox"/> Blood transfusion    | <input type="checkbox"/> Genital Herpes         | <input type="checkbox"/> Cold Sores                  |
| <input type="checkbox"/> Chemotherapy         | <input type="checkbox"/> Hepatitis              | <input type="checkbox"/> Diabetes                    |
| <input type="checkbox"/> Rosacea              | <input type="checkbox"/> Infections             | <input type="checkbox"/> Dizziness                   |
| <input type="checkbox"/> Circulatory Problems | <input type="checkbox"/> Phlebitis              | <input type="checkbox"/> Epilepsy                    |
| <input type="checkbox"/> Hyper pigmentation   | <input type="checkbox"/> Eczema                 | <input type="checkbox"/> Sinus                       |
| <input type="checkbox"/> Liver Disease        | <input type="checkbox"/> Wound Healing problems | <input type="checkbox"/> Stomach                     |
| <input type="checkbox"/> Lupus                | <input type="checkbox"/> STD's _____            | <input type="checkbox"/> Stroke                      |
| <input type="checkbox"/> Melanoma             | <input type="checkbox"/> Heart problems         | <input type="checkbox"/> Thyroid                     |
| <input type="checkbox"/> Mental Disorders     | <input type="checkbox"/> Anemia                 | <input type="checkbox"/> <b>I HAVE NONE OF THESE</b> |
| <input type="checkbox"/> Hypertension         | <input type="checkbox"/> Kidney                 | <input type="checkbox"/> Other: _____                |
| <input type="checkbox"/> HIV                  | <input type="checkbox"/> Asthma                 |  |
| <input type="checkbox"/> Ulcers               | <input type="checkbox"/> Cancer Type _____      |  |

**MEDICATIONS/SUPPLEMENTS:** (List ALL current medications including birth control, antibiotics, Ginkgo Balboa, Vitamin A, B, or E, Garlic, Flax oil, **ASPIRIN**, etc.) \_\_\_\_\_

**ALLERGIES:** (List ALL allergies including retinoic acid, latex, cosmetics, milk, sugar/beets, papaya, apples, pineapples, citrus fruits, strawberries, hay fever, bees, eggs, red dyes, hair coloring, etc.) \_\_\_\_\_

**HAVE YOU HAD ANY OF THE FOLLOWING:** (Please circle YES or NO and list treatment)

|   |     |    |                              |
|---|-----|----|------------------------------|
| Any Retinol products?                     | YES | NO | Date of last treatment _____ |
| Any glycolic acid?                        | YES | NO | Date of last treatment _____ |
| Any salicylic acid?                       | YES | NO | Date of last treatment _____ |
| Any Accutane in the past nine (9) months? | YES | NO | Date of last treatment _____ |
| Any prescription for acne?                | YES | NO | Date of last treatment _____ |
| Birth Control Pill/Patch?                 | YES | NO | Date of last treatment _____ |
| Steroids (oral or injection)?             | YES | NO | Date of last treatment _____ |
| Any hydroquinone or bleaching agents?     | YES | NO | Date of last treatment _____ |

**Please answer the following:**

|  |     |    |                             |     |    |
|--|-----|----|-----------------------------|-----|----|
| Are you pregnant?                            | YES | NO | Do you get cold sores?      | YES | NO |
| Are you lactating?                           | YES | NO | How many times a year _____ |     |    |
| Do you smoke?                                | YES | NO | Is your skin sensitive?     | YES | NO |
| Do you tend to scar?                         | YES | NO | Do you form Keloids?        | YES | NO |
| After scabbing is your skin darker in color? | YES | NO |                             |     |    |

|   |   |
|---|---|
| <p><b>If you are out in the sun for 2 hours without sun-block you will.....</b></p> <p>1) Always burns &amp; never tans                      4) Rarely burns &amp; usually tans</p> <p>2) Usually burns &amp; rarely Tans                      5) Rarely burns but tans</p> <p>3) Sometimes burns &amp; tans gradually    6) Never burns and tans quickly</p> <p><b>When was your last sunburn?</b> _____</p> | <p><b>What is your ethnic background?</b></p> <p>_____</p> <p><b>Do you use Sunscreen? YES NO</b></p> <p><b>What SPF? 15 30 50+</b></p> |
|---|---|

**What would you like information on? Please circle top 3 concerns.**

|                   |                        |                      |                   |
|-------------------|------------------------|----------------------|-------------------|
| Acne / Acne Scars | Black Heads            | Seborrheic Keratosis |                   |
| Clogged Pores     | Dark Circles under Eye | Tattoo Removal       | Brown/Black Spots |
| Dull Skin         | Leg/Facial Veins       | Jaw Pain/TMJ         | Freckles          |
| Fuller Lips       | Jowls                  | Double Chin          | Longer Eyelashes  |
| Melasma           | Unwanted Hair          | Permanent Makeup     | Rough / Dry Skin  |
| Rosacea           | Skin Laxity            | Teeth Whitening      | Skin Care         |
| Micro-Needling    | Chemical Peels         | Wrinkles             | Cherry Angiomas   |
| Scar Reduction    | Areola/Nipple Tattoo   | Camouflage           | Skin Tags         |

**Please answer the following:**

|                            |     |    |                           |     |    |
|----------------------------|-----|----|---------------------------|-----|----|
| Do you lay out in the sun? | Yes | No | Do you use a tanning bed? | Yes | No |
| Do you use tanning creams? | Yes | No | Do you get spray tans?    | Yes | No |

**List all previous surgeries:** \_\_\_\_\_

\_\_\_\_\_

**PREVIOUS COSMETIC TREATMENTS:** Please check all that apply.

|  |                              |  |                              |
|--|------------------------------|--|------------------------------|
| <input type="checkbox"/> Chemical Peels      | Date of last treatment _____ | <input type="checkbox"/> Sclerotherapy   | Date of last treatment _____ |
| <input type="checkbox"/> Microdermabrasion   | Date of last treatment _____ | <input type="checkbox"/> Botox   | Date of last treatment _____ |
| <input type="checkbox"/> Laser Resurfacing   | Date of last treatment _____ | <input type="checkbox"/> Derma Fillers   | Date of last treatment _____ |
| <input type="checkbox"/> Waxing              | Date of last treatment _____ | <input type="checkbox"/> Micro-Needling  | Date of last treatment _____ |
| <input type="checkbox"/> Eye Lash Extensions | Date of last treatment _____ | <input type="checkbox"/> Permanent Make-up   | Location(s) _____            |
| <input type="checkbox"/> Age Spot Removal    | Date of last treatment _____ | Please comment any negative outcomes to prior treatments:<br>_____<br>_____<br>_____ |                              |
| <input type="checkbox"/> UV Tanning Beds     | Date of last treatment _____ |  |                              |
| <input type="checkbox"/> Laser Hair Removal  | Date of last treatment _____ |  |                              |
| <input type="checkbox"/> Facial Surgery      | Date of last treatment _____ |  |                              |



2469 Corrales Rd. Bldg. A, Suite D-1,  
Corrales, NM 87048  
PH: 505-897-4433/ F: 505-897-3085

## CONSENT FOR PURPOSES OF TREATMENT, PAYMENT & HEALTHCARE OPERATIONS

Patients Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I consent to the use and disclosure of my protected health information (PHI) by Belleza Med Spa for the purpose of diagnosing or providing treatment to me, obtaining payment for services rendered, or as necessary to conduct health care operations of Belleza Med Spa. I understand that diagnosis or treatment of me by any physician of Belleza Med Spa may be conditioned upon my consent as evidenced by my signature of this document.

I understand that I have the right to request a restriction as to how my PHI is used or disclosed to carry out treatment, payment or healthcare operations of this practice. Belleza Med Spa is not required to agree to the restrictions that I may request. However, if Belleza Med Spa agrees to restrictions they are binding on Belleza Med Spa and any physician of Belleza Med Spa.

I have the right to revoke this consent in writing at any time, except to the extent that any physician of Belleza Med Spa or other employees of Belleza Med Spa have taken action in reliance on this consent.

My ‘protected health information’ PHI, means health information, including my demographic information, collected from me and created or received from my physician, another health care provider, a health plan, my employer or a health care clearing house.

This PHI relates to my past, present and future physical or mental health or condition that identifies me, or that there is a reasonable basis to believe the information may identify me.

I understand that I have the right to review Belleza Med Spa’s Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes the type of uses and disclosures of my PHI that will occur in my treatment, payment of my bills or in the performance of healthcare operations of Belleza Med Spa. This Notice of Privacy Practices also describes my rights and Belleza Med Spa’s duties with respect to my PHI.

Belleza Med Spa reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain revised notice by calling the office and requested a revised copy and have it sent via mail or to pick up at my next appointment.

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(Signature)

(Date Signed)

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(Signature of Personal Representative, if patient is unable to sign or under 18 years of age.)

# PATIENT AUTHORIZATION FOR PHOTO/VIDEO PURPOSES

**(Please read each bullet and initial the appropriate line(s) and complete bottom portion of form.)**

\_\_\_\_\_ I hereby authorize Belleza Med Spa to take photographs, videotapes or digital images of me  
**for document purposes only.** (This line must be initialed)

\_\_\_\_\_ I understand that Belleza Med Spa may use and release my images to the general public for the following purposes: (1) educational lectures and presentations for health care professionals; (2) scientific publications such as journals or books; (3) patient education materials; (4) broadcast, print or internet media for educational or public interest purposes. I understand my identity will not be given away unless authorized for Latisse.

\_\_\_\_\_ I understand that after release of my images to the general public, they may be subject to re-disclosure.

\_\_\_\_\_ Unless otherwise revoked, I understand that this authorization will expire 50 year(s) from the date of signature. I understand that I may revoke this authorization at any time, except to the extent that Belleza Med Spa has relied on this authorization, by sending a written statement of revocation that specially refers to this authorization to:

\_\_\_\_\_ I give consent to allow Belleza Med Spa to post photos/videos of me on social media platforms (i.e. Facebook, Instagram, etc.).

I hereby release Belleza Med Spa and its officers, heirs, legal representatives, agents, employees and all persons functioning under Belleza Med Spa's permission or authority or those for whom Belleza Med Spa is functioning from any and all liability connected with the capture, use or release of my images.

**By signing this authorization I acknowledge that I have read and understand the statements contained herein. I understand that Belleza Med Spa will provide me with a copy of this signed authorization form should I request one.**

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**If Patient has a Legal Representative, complete the following:**

Print Name of Legal Representative: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_

Signature of Legal Representative: \_\_\_\_\_ Date: \_\_\_\_\_





## PATIENT INFORMATION SHEET

(PLEASE PRINT)

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Sex: M F Non-Binary Transgender Male Transgender Female Other: \_\_\_\_\_

Pronouns: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Occupation: \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

### Responsible Party Information

(Only if Patient is NOT responsible Party)

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

### How did you hear about us?

- |  |   |
|--|---|
| <input type="checkbox"/> Walk In / Drive by              | <input type="checkbox"/> Business card    |
| <input type="checkbox"/> Online / Website                | <input type="checkbox"/> Mailer           |
| <input type="checkbox"/> Bliss Salon & Spa               | <input type="checkbox"/> Union Newsletter |
| <input type="checkbox"/> Attractions Hair Studio         | <input type="checkbox"/> Coupon           |
| <input type="checkbox"/> Newspaper                       | <input type="checkbox"/> Phonebook        |
| <input type="checkbox"/> Craig's List / Facebook         | <input type="checkbox"/> Booth            |
| <input type="checkbox"/> Personal Reference (who?) _____ | <input type="checkbox"/> Other _____      |

**\*\*Refer a friend and receive a \$25.00 credit\*\***

## AUTHORIZATION TO RELEASE INFORMATION

I authorize the physician and staff of Belleza Med Spa to discuss my medical condition, treatment plan or any relevant subject with (i.e. husband, sister) \_\_\_\_\_ (Please Initial)

Name(s) \_\_\_\_\_

## APPOINTMENT CONFIRMATION

I give Belleza Med Spa permission to confirm and leave appointment information on my answering machine or voicemail. \_\_\_\_\_ (Please Initial)

- Yes  
 No

I would like Belleza Med Spa to leave the appointment confirmation on my... \_\_\_\_\_ (Please Initial)

- Cell Phone  
 Home Phone

## PRIMARY CARE PHYSICIAN

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## DERMATOLOGIST

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## POLICIES

Refunds may be granted on unused service(s) with a 20% processing fee. \_\_\_\_\_ (Initial)

All skincare products are final sale. \_\_\_\_\_ (Initial)

**If you cancel, re-schedule or no show for an appointment within 24 hours of your scheduled time, your credit card may be charged the total amount of treatment scheduled for that day.** \_\_\_\_\_ (Initial)

**\*\*\*\*Your credit card will be charged \$50 for a no show/ no call on the day of your consultation and may be charged if you re-schedule within 24 hours of your consultation.\*\*\*\*\*** \_\_\_\_\_ (Initial)

**If you no show/ no call for an appointment you will be required to pay a deposit prior to scheduling again.** \_\_\_\_\_ (Initial)

If you are more than 5 minutes late for an appointment we will do our best to accommodate you, but in some cases we will have to re-schedule your appointment for another time. \_\_\_\_\_ (Initial)

We are unable to watch children for you during your treatment. If you are not able to attend your appointment without your child(ren) please re-schedule your appointment. \_\_\_\_\_ (Initial)

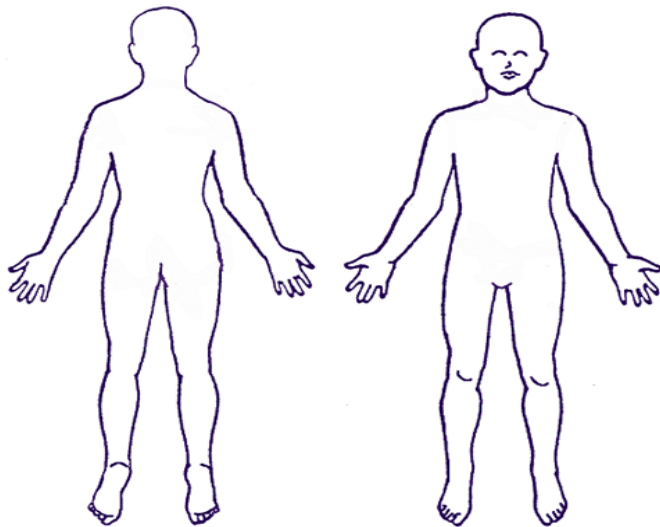
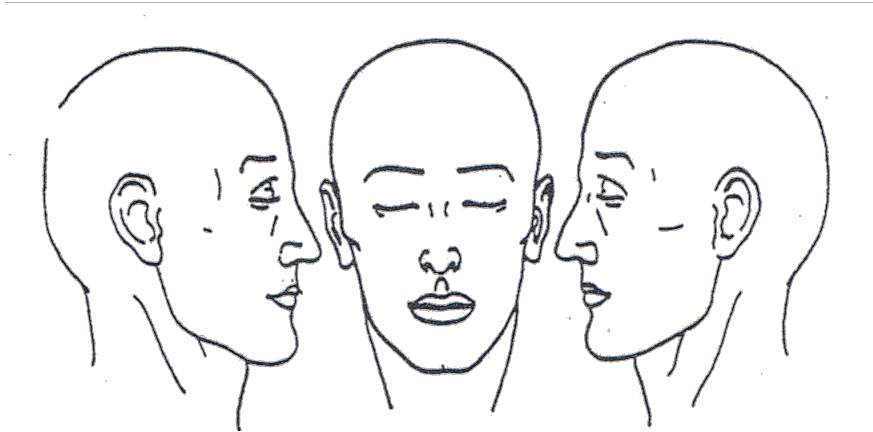
Understand that Belleza Med Spa, at times, uses products/devices off label \_\_\_\_\_ (Initial)

**Cancelation of any appointment due to use of Retinol, Glycolic acid, Hydroquinone, and bleaching agents within two weeks before your treatment will result in a \$20 fee.** \_\_\_\_\_ (Initial)

**\*\*\*The office follows APS scheduling for inclement weather\*\*\***

# PATIENT INDICATION SHEET

On the image below please mark with an "X" in the areas of concern



What do you use for facial cleanser? \_\_\_\_\_

What do you use for moisturizer? \_\_\_\_\_

What other products do you use? \_\_\_\_\_

Is your skin: Oily    Dry or    Combination

How many times do you exfoliate per week? \_\_\_\_\_

Are you prone to Acne? \_\_\_\_\_

Plan:    Alcohol/Phone    Change Pillowcases    Avoid milk products    Try probiotics

## BELLEZA MED SPA LLC Policies

### **1) NO SHOW/NO CALL/RESCHEDULING 24 HOURS LESS THAN YOUR APPOINTMENT TIME POLICY:**

Belleza Med Spa LLC is excited to see you! We value your time and will make every effort to meet your wishes. In turn, we request that you value our time. Dr. Pacheco will meet with you for a free consultation to answer your questions. We ask that you please make every effort to arrive on time for your appointment. You will be rescheduled if you are 10 minutes late from your scheduled arrival time.

Please note that if you do not show, do not call, or reschedule less than 24 hours of your consultation time, then you have not allowed the Belleza staff enough time to fill it with another patient. You will be charged \$50.00 for the lost time.

If you do not show, do not call, or reschedule less than 24 hours for a simple follow-up appointment or treatment (that takes about 15 min), then you will be charged \$20.00.

If your treatment involves a filler, laser to large areas, micro-needling, microdermabrasion, facials, or any appointment taking longer than 15 minutes, then you will be charged \$40.00.

Dr. Pacheco understands that emergencies happen. It is Belleza's policy to allow one emergency per 12 months. An emergency is defined as a death of an immediate family member (children, siblings, parents, and spouse), a medical emergency/illness, a car accident or any other atypical event which requires immediate attention that nobody else can provide.

- 2) Please bring your Covid vaccination card if you have one.**
- 3) Please do not bring friends or family to your appointment.**
- 4) Discontinue hydroquinone, retinoid products, salicylic products 2 WEEKS prior to all laser, micro-needling, chemical peels to avoid complications.**
- 5) Discontinue Accutane a minimum of 6 months prior to treatments.**
- 6) Please do not schedule fillers, age spot removal and micro-needling 3 days prior to an important event or out of town trip.**
- 7) Please look forward to looking your best!!**

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_